## Investing for a better future

5 tips to do more
with your savings
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EFAMA
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# Saving is... 

 putting your money aside
# Savings sitting in a bank account today are actually losing value 

By putting some savings into investment products, you can outpace inflation

$€ 700$

20 years

- Nominal value of $€ 1,000$ kept in a bank account for 20 years, assuming an annual nominal return of $0.20 \%$
- Purchasing power of $€ 1,000$ kept in a bank account for 20 years, assuming an annual nominal return of $0.20 \%$ and a $2 \%$ inflation rate

Purchasing power of $€ 1,000$ invested for 20 years, assuming an annual nominal return of $5 \%$ and a $2 \%$ inflation rate

- $€ 1,000$ in a bank account today generates interest of around only €2 (0.2\%) per year
- If you left $€ 1,000$ in this account, after 20 years you could still withdraw your $€ 1,000$ but it would be worth only $€ 700$ in today's money because of inflation
- Inflation actually causes your money to be worth less year on year
- But investing $€ 1,000$ for 20 years in an investment product generating $3 \%$ in real terms would yield $€ 1,786$ in today's money. Take a look!


## Investing may seem a bit daunting, but it's not so complicated, or risky as you think it is

If you follow some simple guidelines, anyone with savings can become an investor

## Here's what to do



Set up a budget

Start investing as soon as you can, even small amounts

TIP \#
Learn how to evaluate risk

TIP \#
Don't put all your eggs in one basket

TIP \#


## Set up a budget

Begin by calculating how much you can save, ideally each month

- Income: salary
- Essential spends, such as rent/mortgage, gas \& electricity, food, insurance, childcare, taxes, any repayments, which are difficult to change
- Non-essential spends, such as leisure, holidays, clothes and going out, which are easier to change


## INCOME - SPENDING $=$ SAVINGS

## To get to a budget for 'investment', it's a good idea to think first of 3 types of savings:



Secure/easy to access to deal with unforeseen events, such as job loss or urgent home repairs +/- 3/6 months' salary


To fund life events \& goals, such as a house, child's education, car, your dream holiday
\#3
Retirement


To top up future state pension, which will be lower than today

It's your goal-oriented and retirement savings that you can invest to put your money to work

TIP \#


## Start investing as soon as you can, even small amounts

"Someone is sitting in the shade today because someone planted a tree a long time ago"
-Warren Buffet-

## Investing early in life and regularly is key to helping your money grow over the long term

- The sooner you start, the greater your potential to earn
- Time is more powerful for growing your money than the amount you invest, thanks to the power of compound interest
- Compound interest means that you earn money twice: on the amount invested but also on the interest it generates
- Starting early also enables you to build your expertise about financial markets and investment products
- You can choose investment products that have a positive impact on society and/or the environment
- If you haven't yet begun investing, don't worry: it's never too late to start


Assuming an average nominal return on investment of 5\% per annum



According to research published by the Credit Suisse Research Institute in collaboration with London Business School, the Baby Boomer generation benefited from an annualized real return of $6.4 \%$ on a mixed portfolio ( $70 \%$ equities, $30 \%$ bonds). The expected real rate of return on such a portfolio is expected to fall to around $3 \%$ over the coming decades, or around $5 \%$ in nominal terms.

ANNE

- Invests € 1,000 every year during a 10-year period
- starting at age 25
- ends up with $€ 59,933$ at age 65


## © 8

- Invests € 1,000 every year during a 20-year period
- starting at age 40
- ends up with $€ 46,527$ at age 65

Anne starts sooner, invests less in total but earns more than David.

TIP \#

"The biggest risk is not taking any risk"
-Mark Zuckerberg-

## There are some important principles to follow...

- The longer the investment period, the more risk you can take. If you're young and investing for retirement, you can take more risk
- Balance your investments between risky (high return) and safe (lower return) assets if you want to buy a home in the short term e.g. in the next 5 years
- Keep your cool when markets tumble. Experience shows it pays to hold our nerve and our investments, and wait for the market to rebound
- DO NOT attempt to predict stock market movements
- Instead, focus on long-term investment strategies

Don't put all your eggs in one basket

TIP \#


Don't put all your eggs in one basket

- Spread the risk by buying more than one type of investment
- Diversify your investments between different products, companies, sectors, countries...
- Think of buying into an investment fund, even a small amount
- Investment funds collect and pool money from thousands of savers and invest it in products that spread the risk for you. They are managed by a specialist investment manager whose job is to ensure your money keeps growing



## The power of diversification

- People who invested $€ 1,000$ in Zynga shares in December 2011, for example, ended up with $€ 247$ at the end of 2012, i.e. they lost 75\%
- Those who diversified their investments across four stocks (e.g. Zynga, Nestlé, Shell, Booking.com) only lost 12\%
- By the end of 2020, the stock of Zynga was 11\% higher than in 2011, but the diversified portfolio generated a total return of $115 \%$, despite a huge loss on the stock of Shell

TIP \#

Get started

TIP \#


Get started

Once you have decided how much to invest and how much risk you are willing to take, you have different options to get started:

- Open an account with an online investment platform. They offer tools to buy and sell stocks, bonds and investment funds and may offer robo-advice
- Seek out a financial advisor for a personal chat (your circumstances, ethical/other objectives, performance of various investment products etc.)
- Visit your local bank(s) or insurance broker(s), or their website(s)
- Think about joining/starting an investment club with friends or family
- Check out well-known investment/financial experts on social media and podcasts
- Prepare well for any meetings and ask lots of questions


## Important questions to ask before investing...

Goals: Does this investment match my financial and sustainable/ethical investment goals?

Risk: How much could I lose?
Reward: How has this product performed over time?
Cost: What are the costs to purchase, hold and sell this investment product?

Time frame: How easy would it be to sell if I needed my money right away?

Information: Where can I get more information about this investment?

Alternatives: What other investments can you offer?


## Useful links

- Inflation
- Compound interest
- Diversification
- UCITS (European investment funds)
- Investment club
- The principles of finance

